



Institute of Counseling
and Psychoanalytic Studies
— New Jersey's BGSP Campus

Fall 2024

September 4th - December 27th



Semester Information for All ICPS Programs

301 South Livingston Avenue, Livingston, New Jersey 07039

Website: www.nj.bgsp.edu Phone: 973-629-1001 Email: support@acapnj.org

Registration Policies and Procedures

Students are required to arrange a meeting with their Advisor prior to the last month of the semester to plan course registration for the following semester. The student and the Advisor can prepare for the meeting by completing the course checklist relevant to the student's program of study. The student is invited to seek the Advisor's understanding and counsel with regard to any difficulties that may have arisen in their course of study so far. Should any such difficulties persist without resolution, the student and the Advisor should inform the Coordinator of Advisement.

A completed registration includes the following:

1. Registering for elected courses via Empower
2. The advisement form signed by advisor and student
3. A confirmation of analysis form (if applicable, due annually with fall registration)
4. Payment in full via Empower, or
5. An approved payment plan through BGSP's financial advisor, details provided further in the packet

Incomplete registrations will not be accepted by the registrar.

Late fees:

For continuing students, registration is considered late if is submitted after the indicated date on the semester registration form.

The late fee is \$150.

New students are invited to register up to the first week of classes. There is no late fee for a new student in their first semester. The following semester, policies for continuing students will apply. New students are assigned an advisor at the time of their course registration. New students should be advised that beginning an analysis with an approved modern psychoanalyst should begin by the 2nd semester of enrollment.

2024 Semester Dates

SPRING 2024

January 16th-May 17th (May 13th-May 17th **Exam week**)

NO CLASS:

March 25th-March 29th (Spring Break)

SUMMER 2024

May 29th-August 9th (August 5th-August 9th **Exam Week**)

NO CLASS:

July 4th

FALL 2024

September 4th-December 27th (December 23rd-December 27th **Exam Week**)

NO CLASS:

November 27th and November 28th (Thanksgiving Break)

Dear Students,

Welcome to the Fall 2024 semester! Please log in to the EMPOWER student information system to register for courses. Please see instructions below on how to register for your classes.

1. Click this link to log in to EMPOWER <https://bgsp.empower-xl.com/fusebox.cfm> It can also be found at the top right corner on the NJ.BGSP.edu website.
2. Bring your cursor to the word "Students" in the red bar at the top and click on "Empower".
3. Once you login, click the "Student Records" Tab then look under the sub-heading "Course Tools", and click "Course Registration".
4. The screen will show that you have No Enrollments and No Pending Registration. Click the "Add Courses" Button located above "Dept"
5. The next screen will give you a series of filter options. Select NJBGSP as the campus and Click Search
6. On the next screen you will see the courses being offered in the Summer 2024 semester. The Detail button to the right of each course will give the course description.
7. To elect courses, Click the little box to the left of the courses. Then, click the Register button found at the top or bottom of the course list.
 - a. **IMPORTANT:** After you click the Register button, you will come to a screen that says "0 Successful Registrations" and "X Pending registrations". All courses will automatically be entered as "Pending"
 - b. To complete the registration process, you will need to contact your advisor to let them know you have made your course elections. Your advisor/fellow will then view your elections in Empower and complete the registration if they approve.
8. To see your tuition and fees charges for the term and make payment online:
 - a. Click on the "Financials" Tab at the top of the page, then, under the "Student Billing" heading, choose "Estimated Tuition Worksheet". This report will tell you what the estimated term charges will be based on the course selections you made.
 - b. If you wish to make a payment online, you may do so from this screen
 - i. Click on the dropdown box next to "Payment Type" to select either Credit Card or Electronic Check. A Non-refundable convenience fee up to 3.15% on the total transaction will be assessed by your credit/debit card company for credit/debit card payments.
 - ii. Click the "Submit" button at the bottom of the screen and then follow the prompts to complete your online payment.



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FALL 2024

September 4th - December 27th

(No class November 27th and November 28th, Holiday)
(December 23rd - December 27th Exam Week)

MONDAY

4:50 - 7:10pm GPSA 511 The Counseling Profession/McGee
7:10 - 9:30pm GPSA 101 Clinical Assessment and Appraisal/Grant

TUESDAY

10:30 - 12:00pm GPSA 703C - SGS/Ashworth
12:00 - 2:20pm GPSA 503 Human Development: Adolescence to Adulthood/Gerber
3:00 - 4:30pm GPSA 703P - SGS/Hess
4:50 - 7:10pm GPSA 536 Comparative Psychotherapies II: Theories of Counseling/Hess
5:50 - 6:50pm GPSA 703D - SGS/Thomas
7:10 - 9:30pm GPSA 700 Fieldwork Practicum Seminar/Ashworth
7:10 - 9:30pm GPSA 703 Fieldwork Seminar - Issues of Bias in the Treatment of Mental Illness & Supervised Group Studies/
Ashworth

WEDNESDAY

2:00 - 4:20pm GPSA 184 Psychopathology: Primitive Mental States/Silver, TA-Saunders
4:50 - 7:10pm GPSA 753 Clinical Case Seminar: Practice Technique in Dreams and Symbolic Communication/Vaccaro
7:10 - 9:30pm GPSA 535 Couples through the Lifespan: A Modern Psychoanalytic Approach to Marital - Couples Therapy/
Kane

THURSDAY

9:00 - 11:20am GPSA 758 Continuing Case Seminar: Clinical Practice/Rosenthal
9:00 - 11:20am GPSA 526 Resistance and Defense/Rosenthal
9:30 - 11:00am GPSA 703G - SGS/Bratt
12:00 - 1:30pm GPSA 703L - SGS/Vaccaro
2:00 - 3:30pm GPSA 703M - SGS/Miele
2:15 - 3:15pm GPSA 703B - SGS/Lazar
3:00 - 4:30pm GPSA 703E - SGS/Silver
3:10 - 4:40pm GPSA 703J - SGS/Semel
3:15 - 4:45pm GPSA 703K - SGS/DeLia
4:50 - 7:10pm GPSA 552 Introduction to Research in Human Sciences: Quantitative and Qualitative Studies/DeLia
4:50 - 7:10pm GPSA 753 Clinical Case Seminar: Practice Technique in Dreams and Symbolic Communication/Semel
7:10 - 9:30pm GPSA 562 Neuropsychanalysis and the Resilient Mind/Bratt

GPSA 703B - SGS/Lapides (time and date to be announced)
GPSA 760/761 Clinical Research Tutorial - Day/time arranged with instructor/faculty
GPSA 555A Research Seminar - Proposal Writitng/Gerber/To be Arranged

One Year Program - Lapides/Time and dates to be announced

FALL 2024 COURSE DESCRIPTIONS

GPSA101 Clinical Assessment and Appraisal (3 credits)

This course provides an overview of the appraisal process including observation, interviewing, measures, resources, and tools to formulate a clinical understanding of clients within a broad range of settings and within a survey of populations. Behavior, observations, etiology, symptomology, assessment, countertransference, and treatment will be examined in working with clients representing the lifespan. The course examines issues of reliability, diversity, limitations, and ethical practice in relation to the validity of the assessments. Students explore the relationship between assessment, findings, diagnosis, intervention and treatment planning.

GPSA184 Psychopathology: DSM, Psychodiagnosis and Case Study (3 credits)

This course examines psychopathology of severely regressed states from the perspective of both the DSM, psychoanalytic theory and case study. This comparative approach to diagnosis includes a consideration of symptoms and behaviors listed in the DSM with psychiatric understanding of etiology and function contrasted with an augmented by a psychodynamic understanding. The two different approaches to the diagnostic process will be explored in the course, including the diagnostic and statistical system (DSM), use of the mental status exam, use of clinical interviewing and induced countertransference feelings. The class also discusses implications for treatment. Students will have the opportunity to begin clinical studies by observing their emotional reaction to the class material and visiting two settings.

GPSA503 Human Development: Adolescence to Adulthood (3 credits)

This course will focus on the intra-psychic, developmental, and biopsychosocial processes that occur during puberty to adulthood will be examined, concentrating on the expression of the basic drives as the individual emerges and separates from the dependencies of childhood and eventually leaves home to start life on his or her own. Freud's hallmark of maturity, "the ability to work and love," will be used to study the conflicts and resistances of these crucial stages. Students examine these processes through readings, case presentations, and personal experience.

GPSA511 The Counseling Profession (3 credits)

This course provides a broad understanding of the psychoanalytic counseling profession as defined by the history, professional standards, scope of practice and application of ethics to theory and practice. The professions of counseling and psychoanalysis are defined and compared through their historical roots with exploration of overlapping practice methods. The importance of personal and professional self-care is emphasized. Students learn ethical decision-making models to assist in making practice decisions.

GPSA526 Resistance and Defense (3 credits)

Psychic defenses are essential tools available to us for dealing with psychic pain. This course will study the use of defenses, from projection and splitting to repression and sublimation, in relation to emotional, psychosexual, and cognitive development. This course will consider mental illness a maladaptive psychic defense process, and psychoanalytic cure a state of mental wellbeing in which thoughts, feelings, and impulses can be tolerated comfortably without resorting to inappropriate action or self-destructive defense

FALL 2024 COURSE DESCRIPTIONS CONTINUED

GP535 Couples through the Lifespan: A Modern Psychoanalytic Approach to Marital/Couples Therapy (3 credits)

How does early attachment affect a couple's ability to have a healthy, satisfying relationship? The experience of being a couple grows out of early attachment. This course will explore how couples develop and maintain an attachment. Topics will include how couples maintain intimacy over the lifespan, conflicts including secrets, lying and affairs, patterns of commitment, sex, childrearing, blended families, empty nesting, end of life issues and the continuous requirements for change that naturally develop over the life cycle. When couples make their way to the consultation room, how can the therapist intervene?

GP536 Comparative Psychotherapies II: Theories of Counseling & Psychoanalysis (3 credits)

This course surveys major theoretical schools of counseling and psychoanalysis and how to apply their underlying premises in practice. Students will learn about the contributions of these fields to form a broad understanding of clinical techniques from forming the therapeutic relationship, developing a case conceptualization to interviewing and developing a range of intervention strategies with a range of cases. Special emphasis is placed on how each perspective informs how interventions are developed and implemented according to the treatment progression.

GP552 Introduction to Research in Human Sciences: Quantitative and Qualitative Studies (3 credits)

This course examines the bases of scientific inquiry. It provides a theoretical and practical knowledge of research and methodology, including principles of concept formation and research design. Special emphasis is given to ethical research practices. Students review the important tools, methods, and techniques for sound and ethical research, including the tools and data of outcomes research. They will learn to critically evaluate research literature. After this general review of research in the human sciences, students will study the practitioner scholar model of applying research to everyday practice.

GP555A Proposal Writing: Professional Ethics & the Psychoanalytic Case Study Seminar (3 Credits – companion of 555B but not sequential)

In this companion course to 555B, students will learn how to develop a proposal for or to work on the culminating psychoanalytic case paper in the Certificate program. Students will prepare a narrative of the case dynamics which describes the course of treatment and presents a question about some aspect of the case that puzzles or interests the student; show how the therapist listens in order to form an impression of the individual's emotional experience; write a review of the clinical literature that relates to the research question; and analyze what they have learned when applying further knowledge to case process recordings. This course meets the requirements for the Proposal Writing course as a prerequisite for the capstone tutorial sequence. *Students must submit a request to the training committee for permission to enroll in this course.

GP562 Neuropsychoanalysis and the Resilient Mind (3 credits)

Neuropsychoanalysis is the intersection of psychodynamic thinking and neuroscience. Over the past three decades research in neuroscience has led to breakthroughs that significantly expand our understanding of the brain-mind dyad and psychotherapeutic practice. The importance of considering both the physical functions of the brain and its reciprocal, essential interactions with the subjective mind is clear. Clinical practice is enhanced by a comprehension of neurobiological forces that influence brain function and the subjective experience of being: consciousness and relationship to the world of lived experience. This course will explore the fundamentals of neuroscience that impact the developing mind, adaptive skills, and interpersonal relationships – all in relation to psychodynamic practice. Course resources will include: readings, films, guest lecturers, and case presentations.

FALL 2024 COURSE DESCRIPTIONS CONTINUED

GPSA700 Fieldwork Practicum Seminar & Supervised Group Studies (SGS) (4 credits)

In this first segment of the fieldwork experience, students are supported to apply skills and develop self-awareness through clinical experiences while interfacing with the fieldwork coordinator, mentor, clinical supervisor, academic advisor. Students are guided in a clinical site to initiate therapeutic relationship and apply basic techniques to facilitate understanding of transference while the student observes themselves through describing countertransference experiences. Ethical approaches to practice are emphasized.

GPSA 703 Fieldwork Internship Seminar – Continuing Fieldwork Seminar & Supervised Group Studies (SGS) (4 credits)

The Fieldwork experiences provides an opportunity to apply theory and practice counseling and psychoanalytic techniques through practicing in a clinical setting under supervision. GPSA 704 is taken when the student has not completed the required number of total fieldwork hours, fieldwork paper or presentation by the completion of course GPSA703. The student remains enrolled in GPSA 704 until the fieldwork study, paper and presentation are completed. As the student moves through the fieldwork sequence, the student has increasing ability for independence and develops professional identity. The student learns advanced techniques to enable individuals to tolerate more comfortably the stimulation of importance and professional, ethical and cultural issues will be examined throughout the course. Students psychoeducational group in addition to individual work with clients.

GPSA753 Clinical Case Seminar: Practice Technique in Dreams and Symbolic Communication (3 credits)

This semester we will examine countertransference and ethical issues as they interact in decisions on treatment and technique. Often the conscious and unconscious attitudes of the analyst that shape countertransference also influence one's ethical position. Case examples and readings will help students describe reactions and use them in their treatment decisions. A special focus will be on how analysis of symbolic communication and dreams are influenced by one's countertransference. Students take this advanced course for the duration of their Consultation Center work. It is designed to help students work with patients, to recognize early resistances in treatment, and to understand induction and countertransference resistances in treatment.

GPSA758 Continuing Case Seminar (3 credits)

Through continuing case presentations of three cases, students will apply theory to practice. With the agreement of the training committee, this course can be selected as fulfilling the requirement for the clinical case course after four semesters of successful completion of clinical case coursework.

GPSA760/761 Independent Clinical Research Tutorial (3 credits)

The student works individually in independent research tutorial with a faculty member until the project is completed. A second reader approves the paper as well.

Record of Student Advisement

ACAP _____ ICPS _____

In-Person: ___ Hybrid: ___ Distance Learner: ___

Student Name _____ Semester _____ Year _____

Advisor Name _____ Meeting Date _____

Student File Reviewed? ___ Goals Reviewed? ___ Registration Reviewed? ___

Student approved to register for the following courses:

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

ADVISOR COMMENTS AND RECOMMENDATIONS

Please list all specific recommendations made to students concerning any aspect of their progress in the ACAP training program. Students should review comments and recommendations of the Advisor. Please attach more sheets as needed. Place the Record Advisement Form in the student file.

Student Signature: _____ **Date** _____

Advisor Signature: _____ **Date** _____



SGS Registration Form

Fall 2024

September 4th - December 27th

Program: ACAP _____ ICPS _____

Will you be registering for Fieldwork? _____ Will you be starting a new group? _____

Full Name: _____

Street Address: _____ City: _____

State: _____ Zip Code: _____ Country if not U.S.: _____

Cell Phone: _____ Email: _____

Emergency Contact Name/Phone: _____

Will you be registering for Fieldwork? _____ Will you be starting a new group? _____

SGS Choice	Course Number	Instructor	Day & Time
SGS 1 st Choice			
SGS 2 nd Choice			
SGS 3 rd Choice			

Students will remain in the same SGS for one year (two full semesters including Summer). Requests to change your group early must be submitted to the training committee through your advisor.

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____

Office use only:

Date office received: _____

CONFIRMATION OF ANALYSIS

ACAP _____ BGSP-NJ _____ Semester _____ Year _____

Personal analysis with an approved analyst must begin by the second semester and is required throughout training. Students are responsible for the completion and submission of the Confirmation of Analysis form at the beginning of the fall and spring semester of each school year. Students are encouraged to remain in analysis as long they are in the program of study.

Individual Analysis

Student's Name _____

Analyst's Name _____

Total Number of Individual Sessions since Last Semester's report _____

Total Number of Individual Sessions to Date _____

Student Signature _____ **Date** _____

Analyst Signature _____ **Date** _____

Group Analysis

Total Number of Group Sessions since Last Semester's Report _____

Total Number of Group Sessions to Date _____

Student Signature _____

Analyst Signature _____

Date _____

TUITION AND FEE SCHEDULE: 2023-2024

Program Tuition and Fees:

Tuition for all courses per credit.....	\$896
All directed research per credit.....	\$896
Group and Individual Supervision (Flat Fee)...	\$896

A non-refundable convenience fee of 3.15% will be assessed by your credit card company or bank for credit or debit card payments.

Administrative Fees:

Registration Fee	\$150
One Year Program Registration Fee	\$75
Curriculum Support Fee	\$360
Technology Fee	\$100
Extended Payment Plan Fee	\$100
Extended Payment Plan Fee Late Payment	\$15 per late payment
Late Registration or Payment Fee	\$150
Returned Check Fee	\$25
Graduation Fee	\$150

Refund Schedule:

Approved drop in writing before the first class meeting	100%
Approved drop in writing before the second class meeting	75%
Approved drop in writing before the third class meeting	50%
Approved drop in writing before fourth class meeting	20%
Drop on or after the fifth class meeting	No refund

Some fees are non-refundable.



Boston Graduate School
of Psychoanalysis
New Jersey

As you prepare to begin your studies at ICPS, I am available to answer any questions that you may have about student loans or financial aid in general. My office is located at the main campus in Boston, and my office hours are Monday through Friday from 9am-5pm. Give me a call at 617-277-3915 or send an email to woolberts@bgsp.edu or financialaid@bgsp.edu. Our website also provides an overview of the types of aid available, at: <https://nj.bgsp.edu/admissions/financial-aid/>.

If you are a Mental Health Counseling student interested in applying for the *Career Advancement Scholarship*, please either contact me or the Registrar for a copy of the application. If you are interested in borrowing Federal Student Loans through the William D. Ford Direct Loan program to help finance your studies, application directions are included below.

How to Apply

The first step is to complete the Free Application for Federal Student Aid (FAFSA) online using your Federal Student Aid ID number. The FSA ID serves as your electronic signature when completing the FAFSA. If you don't already have one, apply for an FSA ID online at <https://studentaid.gov/fsa-id/create-account/launch>. Then, complete your **2024-2025** application on-line at <https://studentaid.gov/h/apply-for-aid/fafsa> [Note: this is likely not your most recent tax return, but the prior year return].

The FAFSA school code for ICPS is G31943, with the state listed as Massachusetts, and the city listed as Brookline.

You are also required to complete Entrance Counseling at <https://studentaid.gov/h/complete-aid-process>. From the landing page you can click in the entrance counseling section to sign in using your FSA ID. Read through the instructions, and then choose to complete your entrance counseling as a graduate student. When prompted, select *Massachusetts* as the state and *Boston Graduate School of Psychoanalysis* as your school. The session takes about 30 minutes.

Finally, you will need to sign a Master Promissory Note (MPN), if you do not already have one on file. To e-sign the MPN, visit <https://studentaid.gov/h/complete-aid-process> and select the option to sign a loan agreement. Depending on the loans you plan to borrow for the 2024-25 academic year, you will need to sign the Subsidized/ Unsubsidized Stafford MPN, the PLUS MPN, or both. When prompted, choose *Massachusetts* as the state, *Brookline* as the city, and *Boston Graduate School of Psychoanalysis* as your school. If you prefer a paper copy, please contact me.

Please contact me if you would like to apply for a Federal Direct Grad PLUS loan for 2022-23, or if you have any questions.

Best wishes for a successful school year,

Stephanie Woolbert
Director of Financial Aid
BGSP ♦ NYGSP ♦ ICPS
1581 Beacon St, Brookline, MA 02446
woolberts@bgsp.edu ♦ (617)277-3915 x19

Checklist for your financial aid application:

- ✓ 2024-25 FAFSA
- ✓ Entrance Counseling
- ✓ Master Promissory Note

The Paulette Katz Memorial Scholarship Application

The Paulette Katz Memorial Scholarship is being offered by the Lipsey family in memory of their Aunt Paulette Katz. This scholarship will be awarded to a student in the ACAP Certificate program or the ICPS Master of Arts program. The purpose of this scholarship is to assist students who have educational financial needs. ACAP or ICPS students are invited to apply.

The following must be submitted by email to support@acapnj.org **no later than June 23rd, 2024:**

1. Completed scholarship application.
2. A statement describing your professional goals, financial need & any other reasons for seeking this scholarship.
3. A letter of recommendation from an ACAP/ICPS faculty member. New students may include a letter of recommendation from an instructor from a previous school.

This form is in a fillable format. Save to your computer, complete, save again, and ready to email.

Student Information			
Full name			
Full address			
Email			
Phone number			
Undergraduate degree	School	Major:	Year:
Graduate degree	School	Major	Year:
Current employment description:			
Clinical/Professional experience			
How did you learn about ACAP / ICPS			
Academic Plan			
Level of study Certificate or Master of Arts			

Applicant Signature _____ Date _____

Please email this application & supporting documents to the Paulette Katz Scholarship Committee at support@acapnj.org no later than the July 15th deadline.